



Heart of Grace
Ministries
Faith, Family and Love

Prepare For Your Warfare

Ephesians 6:10-12

[10] Finally, my brethren, be strong in the Lord, and in the power of his might.

[11] Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

[12] For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Paul, a man who spoke with great clarity, brought forth one of the most powerful understandings to how we can begin to overcome in spiritual warfare.

For the first step to winning any battle is to understand what you must do to preserve your longevity to see the victory!

Ephesians 6:13

[13] Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

Paul spoke to an acceptance that we must learn that we need all that God has given us to believe, know, learn and demonstrate. For to be lacking in any part of the whole armor leaves vulnerabilities for the enemies weapons!

Ephesians 6:14

[14] Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

To girt up your loins is to mentally prepare yourself for something difficult, literally to tie up long loose clothes as they were more practical for work or travel. The breastplate was the central part of the Roman armor. To not wear it into battle was asking for death, for it protects

the most vital organs of your body. I can tell you with certainty that there is no greater way to protect your heart than to live right in the sight of God. When wearing the breastplate the attacks that would normally be fatal are of no effect and roll off of you with very little consequences!

Proverbs 11:4-8

[4] Riches profit not in the day of wrath: but righteousness delivereth from death.

[5] The righteousness of the perfect shall direct his way: but the wicked shall fall by his own wickedness.

[6] The righteousness of the upright shall deliver them: but transgressors shall be taken in their own naughtiness.

[7] When a wicked man dieth, his expectation shall perish: and the hope of unjust men perisheth.

[8] The righteous is delivered out of trouble, and the wicked cometh in his stead.

Righteousness will prevail against all attacks of the integrity of your inner soul and personal life.

Ephesians 6:15

[15] And your feet shod with the preparation of the gospel of peace;

A spiritual shoe is something that aids our movement and defense and is not relative to our appearance. To appreciate the preparation of the gospel we must know what shoes are made of they are durable, made to last the journey of your life

Luke 2:10

[10] And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people.

Even the afflictions of the world cannot darken the glory of the good news of Jesus Christ!

Ephesians 6:16

[16] Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

A shield protects from the head, chest, waist, arms and legs. It is the greatest protection and without it we cannot press in to attack. The fiery darts are intended to bring doubts to your inner confidence to withstand and keep fighting.

1 John 5:4

[4] For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.

Ephesians 6:17

[17] And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

Knowing that you are saved forevermore and that you are a child of God protects you and keeps your face, eyes, nose, mouth, ears and mind! The sword of the spirit is the word of God, the same weapon Jesus used against Satan, and the same weapon you use to attack! For all other virtues create a mighty warrior in the Lord and brings dominion to finally win!

Ephesians 6:18

[18] Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

With all and supplication is to demonstrate through faith of the action of asking or begging for something earnestly or humbly. Doing this in the spirit will help you to not only stay motivated to protect yourself but to persevere the same way of life for the believer, and most importantly for the witness to all!

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